Our Charism

Prayer & Hospitality

Spirituality:
• Adoration of Blessed Sacrament
• Daily Eucharist
• Divine Office

Apostolates:
• Houses of Hospitality
• Evangelization
• Ecumenical Dialogue

In developed countries the Bridgettines primary apostolate is Hospitality with an ecumenical aim in welcoming the stranger of all faiths into their guests houses for those who seek rest and spiritual renewal.

In developing countries we serve the local needs of the community and the poor through service, education and evangelization.

“That they all may be one”
(John 17:21)

Order of Most Holy Savior
Ordo Sanctissimi Salvatoris

Bridgettine Motto:
Amor Meus Crucifixus Est
My Love is Crucified

Mother House:
Piazza Farnese, Rome Italy

Members:
Over 650 sisters worldwide

Abbess General:
Mother Fabia Kattakayam, O.Ss.S.

Locations:
Europe, Asia, the Americas, and Holy Land (Jerusalem & Bethlehem)

The Brigittines have grown by the grace of God from a small community of 4 sisters in 1911 to now serving Christ in 19 countries with 55 houses.

Bridgettines

My Love is Crucified
Amor Meus Crucifixus Est

Order of the Most Holy Savior
Ordo Sanctissimi Salvatoris

Prayer and Hospitality
“That they all may be one”

Monastic and Apostolate
International Order of Semi-Cloistered Contemplatives

Convent of St. Birgitta
4 Runkenhage Road
Darien, CT 06820
(203) 655-1068
INFO@BRIDGETTINES-USA.ORG
WWW.BRIDGETTINES-USA.ORG
Our Mission

**One Fold, One True Shepherd**

**Prayer and Reparation for the Roman Catholic Church**

Our Prayer Intentions and Works of Penance through the virtues of charity, humility and simplicity are for the healing of the division among Christians:

- Reparation offered for the separation of many from the one Fold of Christ
- For conversion to the true Faith of those not yet Christian or de-Christianized
- For the promotion of the Priesthood and Consecrated Life
- For our Sovereign Pontiff

**Monastic & Apostolate Order of Semi-Cloistered Contemplatives**

"The Lord has called us from different nations, but we must be united with one heart and one soul. In the divine Heart of Jesus we will always meet one another and there we seek our strength to face the difficulties of life. May we be strengthened to practice the beautiful virtues of charity, humility and patience. Then our religious life will be the antechamber to Heaven."

St. Elizabeth

---

History of the Bridgettines

**Order Formation**

1344 AD

Foundress St. Bridget of Sweden (Birgitta) (1303-73) is the co-Patroness of Europe. She was a wife, mother, pilgrim, visionary, mystic, foundress, and writer of "Revelations."

In a vision Christ commanded her to found a new order to the glory of this Blessed Mother for both men and women. Our Lord also revealed to her the habit for the nuns, the gray color representing Reparation and a linen crown over their veils the Five Wounds of Christ as a reminder of His Passion.

"I am a sinner unworthy to say such things: nevertheless, know that Jesus Christ appeared to me at prayer"

She was one of the first to whom Our Lord revealed His desire to be adored in the Blessed Sacrament of the Altar; it is why Adoration is key to the Bridgettine Spirituality.

St. John Paul II called St. Birgitta "a model of feminine holiness."

**Order Re-Formation**

1911 AD

Re-Foundress: St. Maria Elizabeth Hesselblad (1870-1957) called the "pilgrim of unity of the Church” and “Mother of the Poor.” Canonized in 2017, Elizabeth was born in Sweden as a Lutheran came to the United States, her second home, to study and work as a nurse in NYC. Here she converted to the One True Faith, the One Fold and was welcomed into the Catholic Church in Washington DC after experiencing the Real Presence during a procession on the Feast of Corpus Christi in Brussels, Belgium. She was called through the Holy Spirit to reestablish the Order to help heal the fracture among Christian denominations from the Catholic Church.

"Our religious houses must be formed after the example of Nazareth: prayer, work, sacrifice. The human heart can aspire to nothing greater."

Her work for the poor and for risking her life and her sisters for hiding Jews from being deported for extermination was recognized by Yad Vashem as Righteous Among Nations.

Vocations

**You are Invited to Discern**

Is God calling you to the religious life? Come for a visit to share in our daily life of simple service and prayer with a central devotion to the Eucharist through Adoration and Divine Office. United to His sufferings and passion for the salvation of souls and the unity of all Christians, we welcome the stranger.

An aspirant to the religious life should have an ardent desire to serve God, normal intelligence, moral fitness and good health. Postulants, Novices and Junior-professed are offered ongoing formation.